Let no one be discouraged by the belief that there is nothing that one man or woman can do against the enormous array of the world's ills, against misery, ignorance, and injustice. Few will have the greatness to bend history itself; but each of us can work to change a single portion of life's events, and in the total of all those acts will be written the history of this generation. It is from numberless diverse acts of courage and belief that human history is shaped. Each time a man stands up for an ideal, or acts to improve the lot of others, or strikes out against injustice, he sends forth a tiny ripple of hope and crossing each other from a million different centers of energy and daring, those ripples build a current which can sweep down the mightiest walls of oppression and resistance. —ROBERT F. KENNEDY